



## Skills Building Residential for Women Who Can!

from Mon 23<sup>rd</sup> - Wed 25<sup>th</sup> May 2022, at Gartmore House, Stirlingshire, FK8 3RS

## gain new



skills





build confidence





share ideas

learn new info



12 residential spaces are available; plus 8 day spaces on Day 2. All accommodation, meals and travel expenses will be covered by MECOPP G/T Carer's Service

If you are interested in taking part, or for more info about 'Women's Voices', please contact Shirell Johnson - at shirell@mecopp.org.uk or call/text/WhatsApp on 07931 555 417